

# INFORMATION PACKET

## WINTER ID CAMP - JANUARY 25-26TH, 2020

### DAILY SCHEDULE

#### DAY 1 - Jan 25th

◆ **9:00-9:45am**

Registration

*UCF Soccer Practice Field*

◆ **10:00-12:00pm**

Field Session 1

◆ **12:00-1:00pm**

Lunch

◆ **1:00-1:45pm**

Recruiting Q&A

◆ **2:00-4:00pm**

Field Session 2

◆ **4:00-4:10pm**

Closing Remarks

◆ **4:15pm-5:00pm**

Facility Tour (Optional)

#### DAY 2 - Jan 26th

◆ **9:30-9:45am**

Registration

*UCF Soccer Practice Field*

◆ **10:00-12:00pm**

Field Session 1

◆ **12:00-1:00pm**

Lunch

◆ **1:15-3:00pm**

Field Session 2

◆ **3:15-3:25pm**

Closing Remarks

◆ **3:30pm-4:00pm**

Facility Tour (Optional)

## Welcome


Thank you again for registering for the 2020 Winter ID Camp at UCF! Our goal is to introduce campers to the experience of playing elite level college soccer. We provide college level training sessions, coaching, and player evaluation. We aim to do this in a fun, competitive, and positive environment.

This packet contains the following info:

- ◆ Check-in Time and Location
- ◆ Parking
- ◆ Schedule
- ◆ Additional Information
- ◆ Maps/Directions
- ◆ FAQ's

### Check-in Time & Location

#### Front Entrance to UCF Soccer Practice Field

 arrow on the map - Page 4


9:00am - 9:45am - Saturday, January 25th

9:30am - 9:45am - Sunday, January 26th

- ◆ Session will begin promptly at 10am
- ◆ Lunch is NOT included
  - Please order via the Google form sent through email
- ◆ Nike Merchandise available

### Parking

#### Adjacent to the UCF Soccer Practice Field

 on the map - Page 4

Overflow parking - Garage F  
4403 Knights Victory Way, Orlando, FL 32816

#### Follow us on Social Media

Daily Updates and Weather Notifications

@CFGS\_Camps



CFgirlssoccercamps



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## Schedule

TIME	SATURDAY, JANUARY 25TH
9:00 - 9:45am	<b>Registration</b> <i>Location: Entrance to UCF Soccer Practice Field</i>
10:00 - 12:00pm	<b>Field Session 1 - Technical, finishing, small sided play</b> (GK specific warm-up during technical passing) <i>Location: UCF Soccer Practice Field</i>
12:00 - 1:00pm	<b>Lunch</b>
1:00 - 1:45pm	<b>Recruiting Q&amp;A</b> <i>Location: Baseball Premium Section</i>
2:00 - 4:00pm	<b>Field Session 2 - Warm-up, full field play</b> <i>Location: UCF Soccer Practice Field</i>
4:00 - 4:10pm	<b>Closing Remarks</b> <i>Location: UCF Soccer Practice Field</i>
4:15 - 5:00pm	<b>Facility Tour</b> Optional

TIME	SUNDAY, JANUARY 26TH
9:30 - 9:45am	<b>Registration</b> <i>Location: Entrance to UCF Soccer Practice Field</i>
10:00 - 12:00pm	<b>Field Session 1 - Technical, crossing/finishing, small sided play</b> (GK specific warm-up during technical passing) <i>Location: UCF Soccer Practice Field</i>
12:00 - 1:00pm	<b>Lunch</b>
1:15 - 3:00pm	<b>Field Session 2 - Warm-up, full field play</b> <i>Location: UCF Soccer Practice Field</i>
3:15 - 3:25pm	<b>Closing Remarks</b> <i>Location: UCF Soccer Practice Field</i>
3:30 - 4:00pm	<b>Facility Tour</b> Optional

## Athletic Trainer

A certified athletic trainer will be on site during both sessions, as well as 30 minutes prior to each session.

## Facility Tours

We are offering 2 options for facility tours:

- ✦ Saturday, January 25th @4:15pm
- ✦ Sunday, January 26th @3:30pm

Both tours will begin and conclude at the UCF Soccer Practice Field, promptly at the times above.

## Weather

The UCF Campus is equipped with a Lightening Prediction System called WxSentry. The system provides real-time global precision lightening strike detection and activates alerts to warn those working outside to seek shelter immediately. If the system is activated, we will follow proper protocol and will resume activity once the system is cleared. In the event of RAIN, camp will go on as scheduled UNLESS the fields are deemed unplayable and/or unsafe.

*Please visit the [Central Florida Girls Soccer Camp webpage](#) for further weather related delays and/or cancellation protocols.*

## Nearby Shopping and Dining

### Restaurants in Knights Plaza (walking distance from Soccer Facilities)

- ✦ BurgerU
- ✦ Jimmy Johns
- ✦ Dunkin Donuts
- ✦ Subway
- ✦ Gringos Locos
- ✦ Dominos

### University Commons (1.1 miles from UCF Soccer Complex)

Click on the link for directions and dining options!

<https://ucf.campusdish.com/LocationsAndMenus>

### University Blvd (1.5 miles from UCF Soccer Complex)

- ✦ Turn right on Gemini Blvd
- ✦ Turn Left on Alafaya Trail
- ✦ Turn right on University Blvd

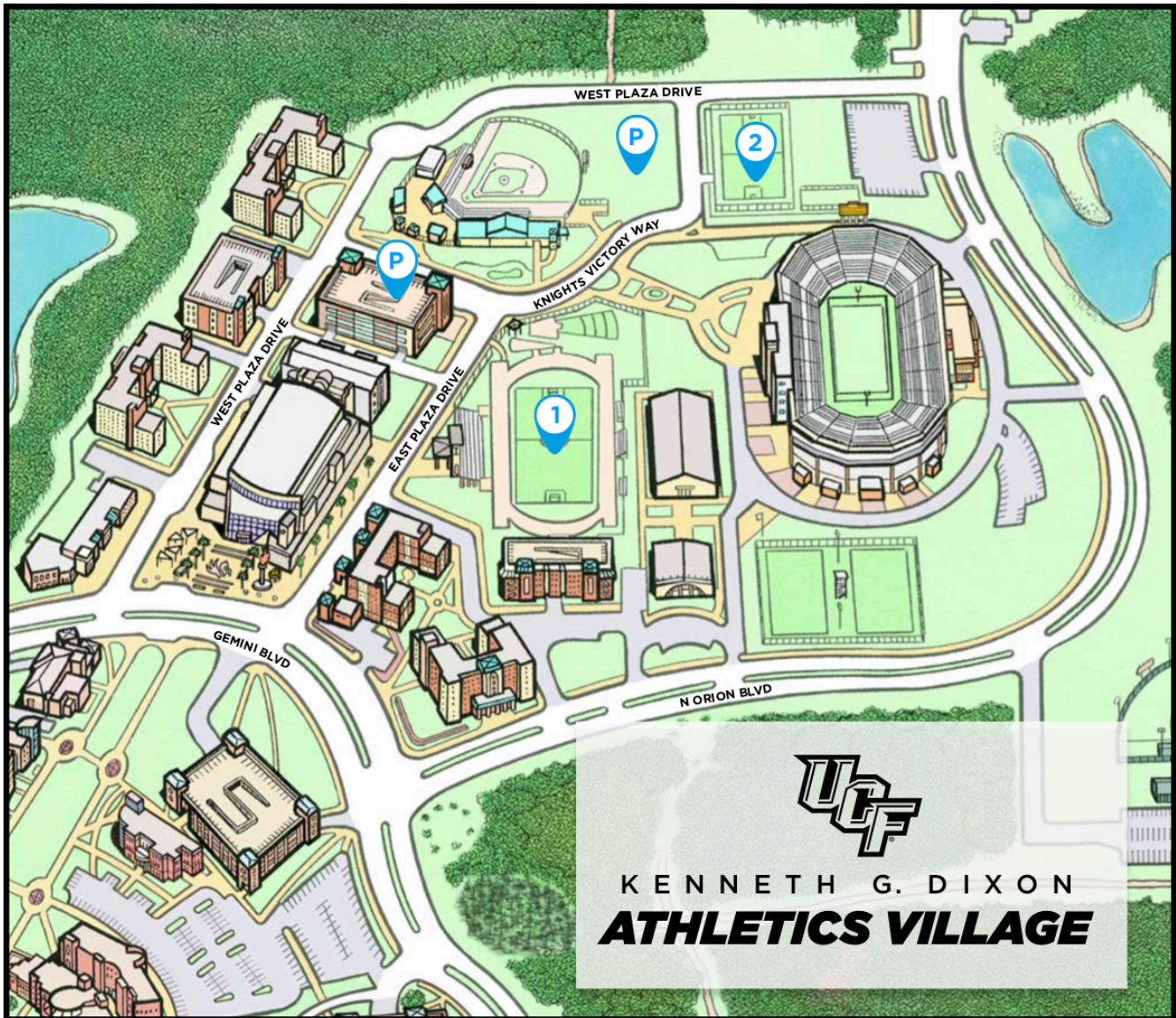
*Chipotle, Panera Bread, Pei Wei, Buffalo Wild Wings, Applebee's, Jimmy Hulas, Chick-fil-a, Pita Pit, Zaxbys, and more!*

### Waterford Lakes Town Center (4.7 miles from UCF Soccer Complex)

Click on the link for directions and dining options!

<https://waterfordlakestowncenter.com/dining>

## Maps & Directions



UCF Soccer Complex Physical Address:  
**4275 E. Plaza Drive, Orlando, FL 32816**

Address above will take you to location **1**. Please follow East Plaza Drive towards Knights Victory Way and make a right. The UCF Practice field will be straight ahead (location **2**).

## Frequently Asked Questions

**Q How do I sign up for the camp?**

You can sign up online via <http://www.centralfloridagirlssoccer.com/winter-id-camp.cfm>.

**A** Please note that there is an online registration fee for credit card processing and convenience.

**Q What does my child need to bring?**

**A** All campers should bring cleats, tennis shoes, water bottle, shin guards, soccer ball, sun screen, and lunch/snack. Lunch is available for purchase, please complete the Google Form sent across via email.

**Q Is there specific Goalkeeper training?**

**A** Yes, goalkeepers will have specialized training as well as small sided and full field play.

**Q Can parents stay and watch?**

**A** Yes, parents are welcome to stay and watch the sessions.

**Q Will there be a trainer and medical staff on site?**

**A** Yes, a certified athletic trainer will be present during all training sessions and 30 minutes prior to each session.

**Q What is your refund policy?**

**A** There is a non-refundable application fee of \$50. All refund requests must be made at least 2 weeks prior to the start of camp and must be submitted via email. No refunds will be issued within the two weeks prior to camp. Serious injury or sickness may be a consideration.

**Q What is the refund policy as it pertains to weather cancellation?**

**A** Weather related cancellations are non-refundable. The Central Florida Girls Soccer Camp will adhere to the proper lightning and thunder protocols and will only cancel if more than 2 hours of delays have accumulated. In the event of heavy rain, The Central Florida Girls Soccer Camps will continue unless the playing surface is deemed unplayable and unsafe. In the event of a weather related cancellation, each participant will receive a 50% discount to the next available camp offered.

**Q Who do I contact in case of an emergency?**

**A** If there is a case of emergency during camp, please contact Tiffany Sahaydak at [cfgscamps@gmail.com](mailto:cfgscamps@gmail.com) or 407-716-2842.

**Q Does Central Florida Girls Soccer Camp have a Tax ID #?**

**A** Yes, 94-6000450