# INFORMATION PACKET

#### **SUMMER ID CAMP - JULY 26 & 27, 2025**

# **DAILY SCHEDULE**

# DAY 1 - July 26th

+ 9:00-9:45am

Registration

UCF Soccer Complex

+ 10:00-12:00pm

Field Session 1

+ 12:00-1:00pm

Lunch

+ 1:00-3:00pm

Field Session 2

+ 3:00-3:10pm

Closing Remarks

+ 3:15pm-4:00pm

Facility Tour (Optional)

### DAY 2 - July 27th

+ 9:30-9:45am

Registration

UCF Soccer Complex

+ 10:00-12:00pm

Field Session 1

+ 12:00-1:00pm

Lunch

+ 1:00-3:00pm

Field Session 2

+ 3:00-3:10pm

Closing Remarks

+ 3:15pm-4:00pm

Facility Tour (Optional)

# Welcome

Thank you again for registering for the 2025 Summer ID Camp at UCF! Our goal is to introduce campers to the experience of playing elite level college soccer. We provide college level training sessions, coaching, and player evaluation. We aim to do this in a fun, competitive, and positive environment.

This packet contains the following info:

- \* Check-in Time and Location
- Parking
- \* Schedule
- Additional Information
- Maps/Directions
- + FAQ's

#### **Check-in Time & Location**

#### **UCF Soccer Complex**

4275 E Plaza Drive, Orlando, FL 32816

1 arrow on the map - Page 4

9:00am - 9:45am - Saturday, July 26th 9:30am - 9:45am - Sunday, July 27th

- Session will begin promptly at 10am
- Lunch is NOT included unless purchased at registration.
- Merchandise available for purchase

# **Parking**

#### Garage F

4403 Knights Victory Way, Orlando, FL 32816

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#### Follow us on Social Media

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@CFGS\_Camps

CFgirlssoccercamps

CFGS\_Camps

Email: cfgscamps@gmail.com

# Schedule

TIME	SATURDAY, JULY 26TH
9:00 - 9:45am	Registration
	Location: Entrance to UCF Soccer Complex
10:00 - 12:00pm	Field Session 1 - Technical passing, possession, small sided play  (GK specific warm-up during technical passing)  Location: UCF Soccer Complex & Practice Field
12:00 - 1:00pm	Lunch
1:00 - 3:00pm	Field Session 2 - Full Field Play
	Location: UCF Soccer Complex & Practice Field
3:00 - 3:10pm	Closing Remarks
	Location: UCF Soccer Complex
3:15 - 4:00pm	Facility Tour
	Optional

TIME	SUNDAY, JULY 27TH
9:30 - 9:45am	Registration
	Location: Entrance to UCF Soccer Complex
10:00 - 12:00pm	Field Session 1 - Technical passing, possession, small sided play  (GK specific warm-up during technical passing)  Location: UCF Soccer Complex & Practice Field
12:00 - 1:00pm	Lunch
1:00 - 3:00pm	Field Session 2 - Full Field Play
	Location: UCF Soccer Complex & Practice Field
3:00 - 3:10pm	Closing Remarks
	Location: UCF Soccer Complex
3:15 - 4:00pm	Facility Tour
	Optional

Email: <a href="mailto:cfgscamps@gmail.com">cfgscamps@gmail.com</a>

#### **Athletic Trainer**

A certified athletic trainer will be on site during both sessions, as well as 30 minutes prior to each session.

# **Facility Tours**

We are offering 2 options for facility tours:

- Saturday, July 26th @3:15pm
- Sunday, July 27th @3:15pm

Both tours will begin and conclude at the UCF Soccer Complex, promptly at the times above.

#### Weather

The UCF Campus is equipped with a Lightening Prediction System called WxSentry. The system provides real-time global precision lightening strike detection and activates alerts to warn those working outside to seek shelter immediately. If the system is activated, we will follow proper protocol and will resume activity once the system is cleared. In the event of RAIN, camp will go on as scheduled UNLESS the fields are deemed unplayable and/or unsafe.

Please visit the Central Florida Girls Soccer Camp webpage for further weather related delays and/or cancellation protocols.

# **Nearby Shopping and Dining**

**Restaurants in Knights Plaza** (walking distance from Soccer Facilities)

- \* BurgerU
- \* Jimmy Johns
- + Dunkin Donuts
- Gringos Locos
- + Dominos

**University Commons** (1.1 miles from UCF Soccer Complex)

Click on the link for directions and dining options!

https://ucf.campusdish.com/LocationsAndMenus

**University Blvd** (1.5 miles from UCF Soccer Complex)

- \* Turn right on Gemini Blvd
- \* Turn Left on Alafaya Trail
- \* Turn right on University Blvd

Chipotle, Panera Bread, Buffalo Wild Wings, Blaze, Chick-fil-a, Zaxbys, and more!

Waterford Lakes Town Center (4.7 miles from UCF Soccer Complex)

Click on the link for directions and dining options!

https://waterford.shopkimco.com/stores/dining

Email: <u>cfgscamps@gmail.com</u>

# **Maps & Directions**



- UCF Soccer Complex Physical Address:
  - + 4275 E. Plaza Drive, Orlando, FL 32816
- **2** UCF Soccer Practice field
  - \* 4463 Knights Victory Way, Oviedo, FL 32765
- P Garage F:
  - \* 4403 Knights Victory Way, Orlando, FL 32816

Email: <a href="mailto:cfgscamps@gmail.com">cfgscamps@gmail.com</a>

# **Frequently Asked Questions**

# Q How do I sign up for the camp?

You can sign up online via <a href="https://www.centralfloridagirlssoccer.com/summer-id-camp.cfm">https://www.centralfloridagirlssoccer.com/summer-id-camp.cfm</a>. Please note that there is an online registration fee for credit card processing and convenience.

# Q What do I need to bring?

All campers should bring cleats, tennis shoes, water bottle, shin guards, soccer ball, sun screen, and lunch/snack. Lunch is available for purchase, please contact <a href="mailto:cfgscamps@gmail.com">cfgscamps@gmail.com</a> to request.

# **Q** Is there specific Goalkeeper training?

A Yes, goalkeepers will have specialized training as well as small sided and full field play.

# Q Can parents stay and watch?

Yes, parents are welcome to stay and watch the sessions.

#### Q Will there be a trainer and medical staff on site?

A Yes, a certified athletic trainer will be present during all training sessions and 30 minutes prior to each session.

# **Q** What is your refund policy?

There is a non-refundable application fee of \$50. All refund requests must be made at least 2 weeks prior to the start of camp and must be submitted via email. No refunds will be issued within the two weeks prior to camp. Serious injury or sickness may be a consideration.

# Q What is the refund policy as it pertains to weather cancellation?

Weather related cancellations are non-refundable. The Central Florida Girls Soccer Camp will adhere to the proper lightning and thunder protocols and will only cancel if more than 2 hours of delays have accumulated. In the event of heavy rain, The Central Florida Girls Soccer Camps will continue unless the playing surface is deemed unplayable and unsafe. In the event of a weather related cancellation, each participant will receive a 50% discount to the next available camp offered.

# Q Who do I contact in case of an emergency?

A If there is a case of emergency during camp, please contact Katy Ling at cfgscamps@gmail.com or 407-716-2842.

# Q Does Central Florida Girls Soccer Camp have a Tax ID #?

A Yes, 94-6000450

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Email: <a href="mailto:cfgscamps@gmail.com">cfgscamps@gmail.com</a>